Aftercare of the Areola Re-pigmentation Procedure

Once the areola re-pigmentation procedure is completed, it is vitally important to follow proper aftercare. The purpose of the aftercare is to ensure proper healing, maximum color retention, and prevention of complications such as infection. Please be aware that the initial color depth and tone will be much different than the healed result. The color is expected to be darker, bolder, and less natural looking until it is fully healed.

Your aftercare routine:

You will need a supply of large Telfa Bandages. Cleanse and change your dressings daily. Cleanse the area for the first 3-5 days with a soft cotton pad or soft gauze square lightly dampened with cool water. Let it dry. Apply the "after Inked" Lotion, then recover the area with a new Telfa bandage to cover and protect the area daily and continue to wear them until the area appears healed and free of any crusting of flaking of the surface.

Avoid direct shower spray, soap and body products inn direct contact with the area, as well as avoid soaking the area, such as a bath, hot tub, steam room etc. Also, where there is sweat, there can be bacteria, so the client should avoid extreme exercise that can cause perspiration during the healing time.

At approximately the 5th day: You may cleanse the area with a mild, non-irritating cleanser, such as Cetaphil ®. Continue to apply the aftercare product 2-3 times daily until the procedure area is fully healed, smooth, and free of flaking or peeling.

IN your aftercare kit you should have:

- 1. Your daily aftercare lotion
- 2. Cotton or gauze pads
- 3. Clean cotton swabs
- 4. Written aftercare instructions

Tegaderm Bandage Aftercare Instructions:

Tegaderm™ is a Transparent wound dressing made by 3M and is a very popular surgical dressing in the hospitals. It is a sterile,breathable, waterproof, germ-proof barrier that works very well to protect your new tattoo It should be left on and undisturbed for 3-4 days. Care must be taken not to bump or rub the tattoo or anything that would scrape or peel off the Tegaderm. Showering should not affect it but; it is reasonable waterproof, but bathing and swimming are still restricted.

After 3-4 days, remove the the Tegaderm™ by carefully and slowly peeling it back off the skin, most easily accomplished in the shower where the adhesive will soften. The tattoo should then be rinsed thoroughly with warm water then Cetaphil® or similar mild cleansing product. Gently work any excess material off the skin surface using the palm of your hand while doing so. Washcloths, sponges, or brushes, should not be used. Pat it dry with a clean towel and apply aftercare product. Some clients like to use a mild non-scented lotion like Lubriderm® when it feels tight, dry or itchy.

Please contact Marcia @ 724.680.0048 with any questions or concerns **Signs of infection**:

Redness that becomes progressive and spreads out and away from the treatment area, any drainage or pus, pain and heat to the touch, and fever, all indicate (alone or separate) there could be a complication.